Women’s Mobile Health Screening provides programs that reach out to underserved women who otherwise may not have access to mammography services. WMHS works with the State of Delaware Screening for Life program, community organizations and health care providers to schedule mobile screenings for groups of qualified women and offers reduced/no cost mammograms for eligible low-income or uninsured women.

**Corporate Outreach**

Area businesses can also contract for employee breast screenings through the mobile mammography program. Convenient, on-site breast screening encourages busy employees to take the time to be screened and demonstrates corporate commitment to employees’ health. If we are bringing the van to your site/facility we do ask that you have a minimum of 10 confirmed women to screen. Additionally, all women will need a doctor’s order for their mammogram and they will also need to call the Women’s Mobile Health Screening office directly to register for the screening and to discuss how to obtain a copy of their previous films. All medical information is strictly confidential. A copy of the mammography report will be sent to the ordering physician and a letter will be sent to the patient.

The van is managed and operated by Women’s Mobile Health Screening, LLC, a subsidiary of the Delaware Breast Cancer Coalition, through a contract with Screening for Life, a Program of Delaware’s Division of Public Health. Mammograms are performed by an ARRT certified and state licensed mammography technician and processed by Beebe Medical Imaging.

**What to Expect from a Mobile Mammogram**

Participants will be required to fill out paperwork that asks for their address, phone number, breast health history, where they had their previous mammogram and their doctor’s name, address and phone number. You will also be required to show photo identification and insurance card at the time of your appointment. It is important that we have the information regarding your last mammogram to do a comparison. If your last mammogram was performed elsewhere, please inform the technician where it was performed. If you’re uncertain call your doctor’s office and they should have a copy of your last report.

**What Information to Expect After your Mammogram Appointment**

A mammogram report will be mailed to you within 30 days of the screening. You will be notified if a follow-up or repeat your mammogram needs to be repeated for operational reasons. If a follow-up or repeat mammogram is indicated; it is your responsibility to complete what has been recommended at your choice of imaging facilities, but you must obtain the original mammogram from Beebe Health Care. Your mammogram screening is not complete until all follow-up has been completed. Please call your physicians office if you have questions about your report. Please save the report you receive so that you may tell other healthcare providers where you had your last mammogram. It is very important that you know where your last mammogram was completed.
Frequently Asked Questions

1. Do I need an appointment? Yes, we want to minimize your waiting time and give our office time to register you into the system.

2. Do I need an order from my doctor? Yes. Every woman that screens on the van is required to have a doctor’s prescription specifying V76.11 or V76.12. Many physicians will not be responsible for your care unless they have seen you within the past 12 months. In the event of an abnormal finding, our radiologist must be able to communicate directly to a physician who considers you an active patient. This is important to assure that you get appropriate medical care.

3. How long will my exam take? Approximately 20 to 30 minutes, for a screening mammogram.

4. Who can be screened on the van? All women can be screened on the van, but check with your health insurance provider to find out whether they will cover the screening. Most women screened on the van are age 40 or older. If you have a problem with your breasts, you should not be screened on the van.

5. What if I don’t have health insurance? You may be eligible for free or low-cost screenings through Screening for Life, a Program of Delaware’s Division of Public Health, or another program. Please call 1-888-672-9647 or the Division of Public Health Helpline 211 for more information and to see if you qualify.

   Screening for Life provides payment for cancer screening tests to qualified Delaware adults. The program is a cooperative effort of the Delaware Division of Public Health and the U.S. Centers for Disease Control and Prevention (CDC). Eligible individuals can receive:

   - Mammograms and clinical breast exams for breast cancer
   - Pap tests, pelvic exams and HPV vaccines
   - Colorectal cancer and lung cancer screening tests recommended by your doctor

   To be eligible for these services, you must meet residency, age, income and insurance guidelines, per the federal health mandated requirements. Call the Division of Public Health Helpline 211.

6. When will the van be in my community? The van regularly visits Claymont, Wilmington, New Castle, Georgetown, Dover, Lewes/Rehoboth Beach, Seaford, Milford and Frankford. Additional sites throughout the state are added monthly. To see a schedule of where the van will be, please visit our website at http://debreastcancer.org or call our office at (302) 672-6435 or toll free at (888) 672-9647.

7. Do I need my previous films? Yes, the radiologist needs to compare the images with your previous exam in order to give your doctor an accurate report. If you do not have your images with you at the time of your study, you will need to sign our release for Beebe Healthcare to obtain them and this may delay your report.

8. At what age should I begin to have a mammogram and how often? The American Cancer Society and most physicians recommend starting baseline mammograms at age 35 every other year until 40 and
having one annually thereafter. However, your doctor may advise starting at an earlier age if you have a history of breast cancer among the women in your family, especially your mother or your sister.

9. **Will my mammogram hurt?** Each view takes two minutes or less. The mammography units’ compression device releases immediately. There may be brief discomfort, but the technologists are especially sensitive to your response. We do not want a woman to dread her mammogram. Most of our patients do not find our exams painful. You may choose to schedule your mammogram when your breasts are the least tender, which is usually 7-10 days after your period starts.

10. **Can I drink caffeine the day of my exam?** Some women with tender, fibrocystic breasts may want to avoid caffeine. For other women, it is not a problem.

11. **Will my doctor get a report?** Yes, and you will get a brief report also. If you need additional views, the radiologist may call you.

12. **If I’m coming from work, can I wash off my deodorant there?** Yes, and there is deodorant on the mobile unit to reapply after your exam.

13. **Is a mobile mammogram as good as a “regular” mammogram?** In Delaware, all mammography centers, including mobile facilities must be accredited by the American College of Radiology (ACR) and in compliance with Mammography Quality Standards Act (MQSA). The standards for mobile units require more quality assurance testing than hospital based units. Our equipment, our employee qualifications, and our quality assurance records are inspected annually by an independent medical physicist and an MQSA inspector.

14. **What type of mammography equipment does the van use?** The van has the latest digital mammography equipment on the van. Digital mammography takes an electronic image of the breast and stores it directly in a computer. Digital mammography uses less radiation than film mammography. Digital mammography allows improvement in image storage and transmission because images can be stored and sent electronically. Radiologists also can use software to help interpret digital mammograms.

15. **How do you compare this year’s images to last year’s images if I had them done at another facility?** The medical release form that you sign allows the film library to request your most recent images from any facility. This is standard medical practice. Once the images are received, the radiologist will do a comparative review of this year’s images against your last mammogram. Then, the previous images are returned.

16. **What if I haven’t seen a doctor in the past year?** Many physicians will not be responsible for your care unless they have seen you within the past 12 months. This is why a doctor’s prescription is required for your mammogram. In the event of an abnormal finding, the radiologist must be able to communicate directly to a physician who considers you an active patient. This is important to assure that you get appropriate medical care.

17. **Are the results kept private?** Yes! HIPAA Law (Health Insurance Portability and Accountability Act) requires all healthcare providers to guarantee privacy in accessing patient records. Therefore, the medical release form that Beebe Medical Imaging asks you to sign specifically gives them permission to
obtain information from other healthcare providers as it pertains to your mammogram and breast health such as obtaining previous films and providing new films to your physician. It does NOT allow them to share private information with your employer.

18. What is the difference between a screening mammogram and a diagnostic mammogram? A diagnostic mammogram is required when your physician notes that you have palpable lumps, nipple discharge, and/or other possible symptoms of breast problems. Another difference is that a diagnostic mammogram requires that a radiologist be on-site. The radiologist will be able to order additional views and/or an ultrasound, if needed, at the time of your diagnostic mammogram. This is why we cannot perform diagnostic mammograms on the mobile unit.

Signature of Facilitator: ________________________________ Date:_____________

By signing, you acknowledge that you have read and understand the information above.

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