Fear of cancer recurrence and sleep disturbance are associated, both individually and across partners.

**RESULTS:**

1. **Survivor FCR**
   - Survivor sleep: Reduced sleep duration & quality
   - Spouse sleep: Greater sleep onset latency
2. **Spouse FCR**
   - Survivor sleep: Greater sleep onset latency and wake after sleep onset
   - Spouse sleep: Reduced sleep duration & quality

Findings address gaps in knowledge on FCR and sleep, which has known implications for health and mortality.