



Hello,

We understand you probably feel like you just got hit with the worst news of your life.

We too were diagnosed with breast cancer, devastating at any age.

We understand the hurdles and complications of having breast cancer at all stages in life. This is why we are so passionate about our organization, the Delaware Breast Cancer Coalition, and our Peer Mentor Program. All three of us (Amanda, Connie, and Lois) personally know the feeling of receiving this folder, but we hope that our stories can inspire you to fight and continue to live life to the fullest.

This ~~stinks~~ (insert your choice word here). It's not fair. We agree 150%, but know we are here for you, no matter what, throughout your journey.

The main goal of the Delaware Breast Cancer Coalition's Survivorship programming is to provide support, networking, and education to women and men diagnosed with breast cancer. Topics include but are not limited to fertility, nutrition, sexuality, treatment options, resources, and continuing to live life to the fullest at every age.

You will find our photos and phone numbers below. When you are ready to talk and need someone who understands what you're going through, we are here to listen without judgment.

Not ready to talk over the phone?

Join our community online, by following us on social media [@debreastcancerco](#) or [@deyoungsurvivors](#) to stay in the loop with upcoming events & activities!

You can also checkout our upcoming events on our website at www.debreastcancer.org/events

Healing thoughts to you and your family. We look forward to meeting you soon!

Lois Amanda *Connie*



"Hi my name is Lois I was diagnosed at 47."

Lois Wilkinson
Program Director
Kent and New Castle Counties
302-672-6435 X1001
lwilkinson@debreastcancer.org
165 Commerce Way
Dover, DE 19901



"Hello beautiful I was diagnosed at 28."

Amanda Perdue
Young Survivors In Action
(302) 672-6435 X1005
aperdue@debreastcancer.org
165 Commerce Way,
Dover DE 19901



"My name is Connie I was diagnosed at 45."

Connie Holdridge
Program Director Sussex County
302-212-2947 X1030
choldridge@debreastcancer.org
18977 Munchy Branch Rd. Unit I
Rehoboth Beach, DE 19971