

Breast/Chest Cancer in Men

1 in 833

men will be diagnosed with breast/chest cancer in their lifetime.

 For women the lifetime risk of getting breast cancer is 1 in 8.

What is breast/chest cancer?

Breast cancer is a type of cancer that starts in the breast. It can start in one or both breasts.

Cancer starts when cells begin to grow out of control.

EARLY DETECTION HELPS SAVE LIVES!



Have a question?
Not sure where to start?
Call to schedule your screening today:

1-888-672-9647

Information and statistics sourced from ACS, 2022

US 2023 Estimates:

New Cases: 300,590

(2,800 , 297,790 )

Delaware: 1,050

Deaths: 43,700

(530 , 43,170 )

Delaware: 160

DBCC has supported 11 male survivors in Delaware.

Male Certified Peer Mentors are available.

Know Your Body!

Knowing what is normal for your body could save your life!

Discharge
Redness, scaling or rash

Puckering or dimpling



Lump
Shape change or swelling

Inverted Nipple

Always report any changes, or concerns to your doctor right away.

Delaware's Most Trusted Breast Cancer Resource

db DELAWARE BREAST CANCOALITION

Wilmington | Dover | Rehoboth

debreastcancer.org



DBCC's 2023 Edition

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If you think something isn't right,
check it out and get it checked.

If you feel something, say something.

-Richard, DE Breast Cancer Survivor

Prevention Tips



Be Active
75-150 mins
of exercise
per week



Maintain
a healthy
weight



Avoid or
limit alcohol



Talk to your
Dr. about your
personal risks



"Men don't just get man boobs, they can get breast cancer too, so when you're thinking about copping a feel, cop a feel of yourself," Jackson says in a tongue-in-cheek PSA. "Don't be the strong, silent type. If unsure, say something."

- Samuel Jackson

"You don't need boobs to get breast cancer," Peter Criss the KISS drummer told Fox News in 2014. The legendary musician, found a lump in his left breast after a workout in 2007. Since his successful surgery, Criss has been an outspoken advocate for male breast cancer awareness.

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